

The Lead Organisation for CBT in the UK and Ireland

British Association for Behavioural
& Cognitive Psychotherapies



Reaccreditation Guidelines: CBT Practice

Statement of Standards and Recommendations of CBT Practitioner Accreditation Committee

Country of Practice

You should be in clinical practice in the UK or its territories.

CBT Clinical Practice Minimum Caseloads

The minimum caseload for maintaining Practitioner Accreditation and listing on CBT register UK is two clinical contacts or equivalent per week.

CBT Supervisory Practice Minimum Caseloads

The minimum level of practice for maintaining Supervisor Accreditation is 20 hours per year.

CBT Training Practice Minimum Caseloads

The minimum level of practice for maintaining Trainer Accreditation is 20 hours per year.

Widely Recognised Accreditation | High Quality CPD | CBT Register UK

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