

LIVERPOOL BRANCH
Annual General Meeting (AGM) and workshop –
How to provide and use supervision more effectively
Presented by Jason Roscoe
Wednesday 16th May 2018

Times: 5.30pm to 8.00pm (Registration from 5.15pm)

Venue: 54 St. James Street Conferencing and Meeting Space, Liverpool, L1 0AB

About the workshop

Are you receiving supervision and not sure how best to make use of the time or are you a supervisor of trainee or qualified CBT Therapists looking to develop advanced skills in being a dynamic and reflective supervisor?

Many clinical supervisors are unaware of specific models of supervision that can inform and potentially improve their practice with supervisees. Often, supervisors simply replicate the supervision they received during their training which can lead to biases and blind spots in the best ways to supervise different therapists.

This seminar is designed for those in a supervisory role or receiving clinical supervision and will introduce delegates to the DPR model of supervision which will form the basis of enhancing the experience of supervision.

By the end of the workshop delegates will be able to:

- Have a formal framework for how to structure clinical supervision in CBT
- Have an awareness of the DPR model and how it applies to CBT Therapists
- Have an understanding of declarative, procedural and reflective learning needs that their supervisees may have
- Recognise pertinent interpersonal processes in the supervisor-supervisee relationship
- A basic understanding of Cognitive Behavioural Therapy principles is advantageous but not essential in order to benefit from attending the seminar.

About the presenter

Jason Roscoe works in private practice as a CBT Therapist in Blackpool and is a lecturer in CBT at University of Cumbria involved in the training and supervising of IAPT high intensity CBT practitioners.

Jason is commencing a PhD this year researching the comparative use of reflective practice within supervision by trainee and experienced CBT Therapists.

Widely Recognised Accreditation | High Quality CPD | CBT Register UK

Registration Information

BABCP Members - £10 Non Members - £15

Price includes tea and coffee. A CPD certificate for 2 hours will be provided.

Closing date for registration is Friday 11th May 2018.

Once your booking form and payment have been received and processed you will be emailed confirmation of your booking along with receipt of payment

There will be no admittance without a pre-booked place. All payments must be made via head office.