

Dr Lucy Taylor

DBT trained, PGDip CBT, DClinPsych, MPhil, BSc. (Hons)

Dr Lucy Taylor is a practicing Consultant Clinical Psychologist with extensive experience working with young people, families and schools. Having jointly led the Child and Adolescent Dialectical Behaviour Therapy Service, Maudsley Hospital, after working within Croydon CAMHS for ten years, she now works privately within Surrey. She offers mental health workshops, training and consultation to local schools, as well as running a clinic for children and their families. Lucy has supervised on the CBT Child and Adolescent Postgraduate Diploma course at King's College London and has led supervision, teaching and training programmes for child and adolescent mental health service teams nationally. Her main areas of interest and specialism are cognitive behaviour therapy (CBT), self-harm and adolescents and she is accredited with the BABCP. She has published a CBT workbook for treating young people who self-harm with Routledge and has written modules for the online resource MindEd.



Dr Katrina Hunt

DBT and RO-DBT trained, DClinPsych, BSc. (Hons)

Dr Katrina Hunt is a Consultant Clinical Psychologist and Head of the National and Specialist CAMHS Dialectical Behaviour Therapy Service, Maudsley Hospital. She also works in the Child and Adolescent Eating Disorder Service and has co-authored publications on the treatment of eating disorders in young people. Her main areas of interest and specialism are DBT, RO-DBT, assessment and treatment of self-harm and eating disorders, working with adolescents presenting with high risk behaviours and their families and work with Looked After Children.



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