

Accreditation

Important updates



■ Core Professions

UKCP Registration added to listings of Core Professions relevant for BABCP Accreditation purposes

Last year, the BABCP Accreditation & Registration (A&R) Committee set up a working party to consider the case for UKCP registered psychotherapists to be included in our listings of core professional trainings seen as eligible for applying for BABCP Accreditation.

The working party reported back to the A&R Committee in October 2013, thus:

'The generic and College-specific Standards of Education and Training (SETs) and associated Occupational Standards were scrutinised by the working party and considered sufficient to provide robust and substantial evidence of equivalence to other foundational levels of psychotherapeutic trainings (existing core professions and KSA process) – and so with some confidence we recommended to the committee that BABCP now accepts Psychotherapy/ Psychotherapeutic Counselling with UKCP registration as relevant core professional standing for eligibility for training in CBT.'

This recommendation was unanimously supported, opening the way for any potential candidates from UKCP who have individual listing on their register to cite their registration as evidence of the relevant core professional training required for eligibility for CBT training – and subsequent practitioner accreditation with BABCP as a cognitive behavioural psychotherapist.

■ CBT Register UK

Removal of all speciality listings on the online CBT register

Responding to members' queries about the possibility of adding some new categories to the speciality listings on the register, the A&R Committee has taken a broader look at the issue and debated the merits of the existing listings as well as the requested additions.

The decision was made by the Committee to remove all speciality listings on the register, on the grounds that these are self-selected by members and are not directly related to evidence of either qualification or experience. The Committee was concerned that allowing these listings to remain in place may give the impression of BABCP endorsing competence in the specialist areas, even though it does not have any system of quality control in place.

Members already have the possibility of providing a link to their own website or other source of information, which will still allow for such speciality listing to be conveyed to potential clients and others, albeit from a privately held source.

The current listing of client groupings worked with will remain unchanged.

■ Change to CPD requirements

Change to affect all Accredited members from 1 March 2014

Following discussion at the A&R Committee, and subsequent development by the Accreditation Liaison Team, a new system for expansion of acceptable CBT CPD activities - incorporating a new reflective element to the process - has now been trialled. For some months now, the new process has been offered as an option to those members who have become newly Accredited or Reaccredited as CBT therapists.

The decision to extend the new process to all Accredited members was taken by the Committee last October, with effect from 1 March 2014. From that date, all newly Accredited members will automatically go on to the new system for recording CBT CPD.

All other already Accredited members should begin using the new process as their own Accreditation date becomes due after 1 March 2014. New documentation will be available on the website, which should be downloaded and used for any remaining years of

their Reaccreditation five-year cycle.

The new requirement for annual CBT-related CPD is to engage in at least five learning and development activities drawn from the range of listed acceptable types, and to complete a reflective statement for each of these. Within this, it is required to include at least six hours of skills workshoping and to complete reflective statements for this. Reflective statements will include three sections: identification of the activity and relevance to work as a CBT practitioner; reflection on the learning and impact on future practice; and identification of supporting evidence for the activity.

Details of the new process have been incorporated into existing guidelines for Full Accreditation; Reaccreditation; and Re-instatement of Accreditation. These guidelines are all downloadable from the website.

Also available for download from the website are newly expanded lists for Acceptable Types of Learning and Development Activity and Acceptable Forms of Evidence, along with Reflective Statement Forms and Sample Log Book/Guidelines.

■ Change to Supervisor Report

Addition of grid for completion by Supervisors

In response to feedback from Accreditors concerning a lack of detail in some Supervisor Reports received as part of applications, the A&R Committee has directed that a grid of methods used within supervision be included in future reports to ensure that appropriate important elements are verified as being in use within the process.

Supervisors providing reports for members applying for Accreditation are already asked to provide details of their own qualifications and experience in CBT. There is now an additional section which asks for detail on frequency of specific methods used within the supervision process.

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