



[www.babcp.com](http://www.babcp.com)

## The Lead Organisation for CBT in the UK

British Association for Behavioural  
& Cognitive Psychotherapies



# Join us

# Being a BABCP member

## The benefits



- Being part of the lead organisation for CBT in the UK
- Nationally organised Annual and Spring Conferences, Workshops, Masterclasses and CPD events - with preferential rates and many delivered free
- Free copies of the membership magazine CBT Today
- Free copies of the journal Behavioural & Cognitive Psychotherapy and free access to the online journal tCBT - plus the opportunity to submit and publish articles for these high quality peer reviewed journals
- Access to research grants
- Access to a wide range of information and services via the BABCP website
- Free membership of a lively network of regional branches and special interest groups who organise their own CPD events
- Accreditation as a CBT psychotherapist, CBT trainer and/or supervisor, which is available to members who meet specific criteria
- Automatic membership of the European Association for Behavioural & Cognitive Therapies, allowing members to attend the annual European Congress and tri-annual World Congress at preferential rates

# BABCP Accreditation Adding value to CBT



BABCP Accreditation is offered to members who meet the criteria for:

- Cognitive and/or Behavioural Psychotherapists
- CBT Supervisors and Trainers
- Psychological Wellbeing Practitioners

BABCP also accredits Cognitive Behavioural Psychotherapy training courses that meet specific criteria

All BABCP Accredited members are listed on the online CBT Register UK, with an option to have full contact details displayed



# BABCP offers only PWP Accreditation route

## Your seven-step guide

1. Show you have been accountable for your own professional practice whilst working as a PWP continuously for the last six months to a senior IAPT member
2. Provide satisfactory evidence your PWP training has met the PWP Minimum Training Standards
3. Demonstrate you have at least 80 hours of direct PWP clinical practice
4. Demonstrate you have at least 25 hours of Clinical Skills Supervision and 25 hours of Clinical Case Management Supervision
5. State your intention to submit an application for Re-accreditation in three years and sustained commitment to the theory and practice of PWP working, including CPD and ongoing Clinical Skills Supervision and Case Management Supervision
6. Demonstrate your knowledge and understanding of the therapeutic relationship and competence in the development, maintenance and ending of such relationships
7. Adhere to the BABCP Standards of Conduct, Performance and Ethics, and be willing to be scrutinised in this adherence as required



# Be part of the story

## CBT Today is the official BABCP membership magazine

- Written for - and by - members, the magazine reflects the membership, their backgrounds and specialisms in full
- Published four times a year, this is the best place to find out about what is happening in your Association, including up-to-date information about BABCP Accreditation and Branch reports
- Other subjects covered in each issue include:
  - BABCP Conferences
  - Regulation
  - PWP news
  - Diversity
  - Interviews with CBT luminaries
  - Top tips from CBT experts
  - Psychology and the arts
  - International reports
- You can start submitting articles the moment you become a BABCP member



[www.babcp.com/join](http://www.babcp.com/join)



## Contact BABCP

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