

# Gift Aid – Reclaim your tax for the BABCP Research Fund

If you are UK taxpayer, your subscription to the BABCP is recognised by the Inland Revenue as a professional expense and is therefore tax-deductible. You may claim it on your annual tax return. For example, if your subscription is £37 p.a., then as a basic rate taxpayer you will have your tax reduced by the grand sum of £8.14 per annum!

Alternatively, the BABCP is a registered charity (No. 273528) and can take advantage of the Gift Aid scheme. Why not sign the form below and let BABCP reclaim your tax on your behalf for our Research Fund? The Research Fund will soon be in a position to give a grant for research in cognitive behaviour therapy. If your subscription is £37 p.a. then the Research Fund will gain £8.14 merely by signing the form below and you pay no extra. If all BABCP members did this then we would have about £40,000 p.a. for the fund! All you have to do is complete this form and return it in the enclosed reply paid envelope to BABCP.

David Veale, BABCP Research Fund

✂ \_\_\_\_\_

I am a UK taxpayer and I wish the British Association for Behavioural and Cognitive Psychotherapies to reclaim tax under **Gift Aid** on all subscriptions I have paid and will pay from 6 April 2003/2004/2005 (**please delete to leave one start year**), until I notify you otherwise.

**(Please use BLOCK CAPITALS)**

First Name \_\_\_\_\_ Surname \_\_\_\_\_

Home address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Post Code \_\_\_\_\_

Signed \_\_\_\_\_

The small print

1. For your subscription to qualify for tax relief, the amount of income and capital gains tax you pay must be at least equal to the amount of tax that BABCP will reclaim from your subscription (i.e. £8.14 for a basic rate taxpayer on £37 subscription).
2. You cannot claim tax twice (on your tax return AND ask the BABCP to reclaim your tax. If however, you are a higher rate on your Self-Assessment tax return.
3. If in the future your circumstances change and you no longer pay tax on your income and capital gains, you should cancel your declaration.