

## **Biography**

Andrew is a Senior Cognitive Behavioural Therapist and Systemic Family Therapist in the CAMH service at Salisbury District Hospital. His role is to provide CBT to complex cases, offer supervision, consultation and training and to develop and improve the delivery of CBT within his clinic and associated agencies. He did his initial introductory training at the Oxford Cognitive Therapy Centre and his main CBT training at the Institute of Psychiatry. Andrew is currently the Secretary of the Child and Adolescent branch of the BABCP. He has been involved in delivering a variety of training courses in both CBT and Systemic Family Therapy. Particular clinical interests include depression, BDD and the links between CBT and Family Therapy. He is also a keen triathlete, cyclist and runner.