

BABCP Children, Adolescents and Families, Special Interest Group

Annual General Meeting 7th November 2005.

Minutes

1. Present

Norma Armston
Nicky Dummett
Andrew Lewis-Smith
Prasad Kasi
Joanna Grave
Fiona D'Arcy
Kath Davies
Sam Cartwright-Hatton
Tim Williams
Janet Teshola
Charlie Wilson

2. Apologies

Justine Porter
Lisa Finch
Mary Burgess
Brenda Davies
Fiona Noble
Helen Chapman
Jonquil Drinkwater

3. Chair's report

Jonquil Drinkwater sent in a report in which she asked that her thanks be passed on to all those who have been involved with the SIB since it began. She gave mention to a number of areas that present possibilities and opportunities for the branch, including National guidelines, service models and training and accreditation. Best wishes were sent to Nikki Dummett as the incoming chair. Copies of the full report are available from the secretary.

4. Secretary's report

We now have 96 members.
3 meetings were carried out last year.

5. Treasurer's report

A written report was submitted by Lisa Finch. This has been a quiet year, financially. The current balance is £3800.83. Lisa suggested that speaker fees be discussed, as there has been variability in how (indeed whether) these have been paid.

6. Elections for committee posts.

Nominations for all posts were made. All nominations were unopposed. Therefore, the following have been elected:

Post	Name of nominee	Proposed by	Seconded by
Secretary (and Membership Sec – jobshare_	Justine Porter	S. Cartwright-Hatton	C Creswell
	S. Cartwright-Hatton	N Dummett	C Creswell
Treasurer	Lisa Finch	S Cartwright-Hatton	J Teshola
Chair	Nicky Dummett	S Cartwright-Hatton	J Murray
Branch Liaison Officer	Joanna Grave	S Cartwright-Hatton	J Murray
Ordinary Member	Janet Teshola	S Cartwright-Hatton	J Drinkwater
Ordinary Member	Charlotte Wilson	S Cartwright-Hatton	N Dummett
Ordinary Member	Andrew Lewis-Smith	Sion Roberts	Jane Lewendon
Ordinary Member	Trevor McDougall	Lisa Finch	S Cartwright-Hatton

7. Co-opting of posts

It was proposed that the following be co-opted, subject to their approval under a category of ‘co-opted in recognition of their significant contribution to CBT for Children and Adolescents’:

Jonquil Drinkwater: Nominated S Cartwright-Hatton. Seconded N Dummett

Paul Stallard: Nominated N Dummett. Seconded C Wilson.

In addition, Kath Davies was co-opted onto the committee as ‘accreditation officer’. She will work with Justine Porter to develop and accreditation strategy for professionals carrying out CBT with children and adolescents. Nominated by S Cartwright-Hatton, Seconded Joanna Grave.

8. Review of constitutional matters:
 - a. terms of office

It was decided, upon close scrutiny of the BABCP constitution, that Chair would now stand for 2 years. Secretary, Treasurer, and four Ordinary members would each stand for up to 3 years, after which they would have to stand down from that post for at least 12 months.

It was also decided that we would introduce two new posts: past chair, and commencing at the AGM in 2006, also a chair elect. These positions would each run for one year.

- b. job descriptions

See above under co-options

- c. access by non-members to meetings

It was decided that non-members would be welcome at meetings, so long as numbers were manageable. This situation will be reviewed if it becomes problematic. It was suggested that donations towards tea / coffee be requested at meetings.

- d. payment of speakers

This was discussed but no formal decision was made.

9. Future directions for the branch

Limited discussion of accreditation and training. This was curtailed due to time constraints.

10. NICE guidelines

Deferred due to time constraints.

11. Email discussion group

Tim gave a summary of this excellent service that he has set up with Yahoo Groups. The group now has 40 members, and discussions have covered a number of areas. Several members reported that they had used the group and found it a useful source of information.

The group is also used as a repository for useful free resources, such as free questionnaires. Any member who would like to join the yahoo group should email Tim Williams on sxswiams@reading.ac.uk

12. Working party on accreditation

Kath Davies has agreed to coordinate this, in conjunction with Justine Porter.

13. BABCP leaflets

We have received a request from Alice Knight, asking whether any member would be interested in devising leaflets on CBT for major disorders, suitable for children and adolescents. Any member interested in doing this should contact Alice direct:

alice.knight@hotmail.com

14. Website

There was a general feeling, amongst the group, that the website was a little neglected and out of date, mostly through not having a specified individual or group taking care of it.

It was decided that the following should be added to the site:

- Committee members' names and contacts

- Link to yahoo discussion group

- Details of how to join sib

- Link to and from BABCP home page.

- Information for the public on CBT with children and adolescents.

- Details of meetings

- Photos of members

Tim Williams was co-opted as e-coordinator. Nominated SCH, seconded ND.

15. Training and conferences

It was decided that the next major conference would be planned for Easter 2007, subject to finding satisfactory accommodation in Oxford. The theme will be 'Oxford 2001 revisited'. Charlotte Wilson will take a lead on this, and requested volunteers to form a working party. Sam CH, Fiona D, Tim W and Kath D volunteered.

Some discussion of holding a one-day training event before that. Sam will ask Susan Bogels whether she would be interested in leading a workshop on or around 31st March 2006.

16. Fundraising ideas:

- Tips, hints and tactics book.

The idea of this book, bringing together the expertise of the group, was well-received. Sam C-H to follow up with publishing agent.

However, the group were concerned about copyright position of material published in the book.

It was suggested that the next meeting include a half day CPD to bring ideas that might go into the book.

If anyone has any further comments, email sam.cartwright-hatton@manchester.ac.uk

17. Clinical interest discussion groups/networking

The Yahoo groups have provided a useful forum for this. People with specialist interest have been able to make contact with others using the groups.

18. Any other business

There was a discussion of recent national documents and guidelines (eg NICE guidelines) which seem to be moving towards prescribing CBT for children and adolescents with mental health difficulties.

There was a strong feeling that we, as a branch, need to stay involved with these initiatives.

19. Program of future meetings

7th Feb 2006. Cambridge

17th May 2006. Birmingham

20th July 2006. Warwick, during BABCP conference

7th November 2006. Leeds. AGM.