

BABCP Child and Family Special Interest Branch

Minutes of the meeting 15th February 2006.

1. Apologies

Cathy Creswell, Janet Teshola, Norma Armston, Kath Davies, Trevor McDougal, Joanna Graves, Andrew Lewis-Smith, Lisa Finch.

2. Present

John Davy, Fiona Darcy, Nicky Dummett, Sam Cartwright-Hatton, Charlotte Wilson, Tim Williams, Jill Proffitt (afternoon session).

3. Update on Committee membership

We are still struggling to find a replacement for Lisa Finch, who has now been Treasurer for four years. SCH agreed to send a further request and job description out to the membership. SCH also agreed to email head office to get clarification of what our position is if we cannot find a replacement – are we allowed to retain Lisa in the meantime?

4. Payment of speakers

Charlotte Wilson agreed to investigate how similar organisations (e.g. ACAMH) pay speakers.

5. Treasurer's report

See attached. In summary, the accounts remain healthy.

6. Branch independence.

A discussion of the issues raised in the Charity commission's report on the BABCP's activities took place. In summary, each branch (including the child branch) must decide whether to remain branches of the BABCP, but be subject to tighter central management, or to become independent organisations. The arguments are summarised in the attached document circulated by head office. Those present at the meeting agreed that, for the time being at least, it would almost certainly not be of benefit to the branch to devolve. If, upon reading the attached document, any member has any opinion to the contrary, please contact Sam Cartwright-Hatton as soon as possible. We must make a decision at our next meeting, in May. The Charity Commissions report may be accessed via www.charitycommission.gov.uk.

7. UKCP

It is likely that the BABCP will, eventually, lost control of accreditation of those members who are currently registered with them as CBT therapists.

It is possible that the accreditation will be transferred to the Health Professions Council. However, one alternative to this is to transfer registration to the UK

council for psychotherapies (UKCP). Nicky Dummett has agreed to go to a meeting of the 'psychotherapy and children' committee of the UKCP on 9th March, and will feedback to the group.

8. Conferences and Workshops

Spring 2006 Workshops in Manchester. Charlotte Wilson reported that preparations for these workshops are going well. Both workshops have already sufficient booking to make them viable. If enough places remain by end of February, a reminder email will be sent to the membership.

Spring 2007 Conference in Oxford. Charlotte Wilson reported that plans for this are moving ahead. ACAMH have agreed to share the responsibility and profits for the event. The split of responsibilities will be as follows: BABCP CAFSIB will book speakers, and organise workshops and symposia. ACAMH will organise participant bookings. BABCP and ACAMH will jointly run the scientific committee. It was agreed that the event would consist of one day of full-day workshops (Wednesday) followed by two days of mixed symposia and shorter workshops.

The first call for papers is about to appear in the BABCP newsletter, and CW plans to place further initial adverts on the BABCP and ACAMH websites. CW will also liaise with John Kentish regarding the possibility on using the BABCP's online paper submission protocol.

9. Website.

It was agreed that we would work towards having some standardised information on training courses in CBT signposted on the website. Discussion surrounded issues of quality control, and it was decided that any information that was posted on the site would be preceded by a disclaimer stating that the BABCP does not take responsibility for the information, and is merely a portal.

Regarding having standardised information on training courses in CBT signposted on the website, Nicky Dummett is keen to hear from anyone who is interested in helping her to take this forwards.

All committee members are asked to send a photo (digital if possible) and a short biography to Tim Williams in order that he can update the website.

10. Training Issues

No further information on the CBT survey was available, although Nicky Dummett reported that it has now been sent to the Department of Health.

There is a clear need for more supervisor training / mentoring.

11. Leaflets

Anyone interested in producing child friendly leaflets on CBT for the BABCP? If so, please contact Alice Knight on Alice.Knight@BOLTON.NHS.UK

12. Future meetings

Date of next meeting: Birmingham Childrens Hospital 17th May.

10.15 start.

13.00 lunch

14.00 afternoon CPD session – further details to be circulated.

16.00 close

July Meeting. We propose an open lunchtime meeting and also a social meeting during the ‘social event’ of the main BABCP conference. SCH to liaise with Alice Gregory.

Afternoon Session

The afternoon session was spent discussing:

Tips, Hints and Tactics book

A draft proposal for this book has been circulated previously. If anyone would like another copy, please contact Sam Cartwright-Hatton or Charlotte Wilson. SCH and CW plan to edit this book, contributions for which will be invited from the branch membership.

SCH and CW agreed to finalise the proposal, in line with comments made at the meeting and submit this to the publishing agent.

Once accepted by a publisher, we will contact the membership with further details.

Future CPD Events

In light of the considerable skill and expertise present within the branch membership, it was decided that some CPD afternoons could be devoted (in whole or in part) to themed case based discussions. Further discussion to take place at future meetings.