

**MINUTES OF THE BABCP SPECIAL INTEREST BRANCH
CHILDREN, ADOLESCENT & FAMILIES
19th May, 2005 – London**

Present: Brenda Davis, Jonquil Drinkwater, Nicky Dummett, Cynthia Turner, Tim Williams, Charlotte Wilson.

Apologies: P Stallard, J Porter, S Cartwright-Hatton, L Finch, G Ross, J Grave, K Davies, J Teshola, S Robinson, J Bartlett, C Brown

1. **Minutes** of the 9th February, 2005 were agreed.
2. **News**
Nicky Dummett and Chris Williams will be providing an in-conference workshop on self-help with children during the conference. It will be very experiential.
3. **Updates**
 - a. The **financial report** was read out. It was agreed we had to keep thinking of ways of making money
 - b. **Conferences and workshops.** Canturbury conference – programme is finalised and members are asked to promote the conference with the flyers they have been sent. Thalia Eley will be doing the child keynote. It was felt that the child section was relatively small compared to previous years, and that for next year people should be approached in Autumn 2005. Also that younger researchers doing smaller and clinical pieces of research should be approached. CT to liaise with CW.
Branch conference – it was felt that we needed a large event like the Oxford one, with a trawl for new ideas, clinicians and researchers. Because of timing it was felt that this should be Easter 2007. CW agreed to liaise with Cathy and Jonquil to set the ball rolling with this idea. Possibly this would be in Oxford again, and presenters from last time would be invited to return to talk about the last 6 years. In addition a one day workshop will be organised for 31st March 2006 in Manchester. Susan Bogels will do one 1-day workshop (topic tbc) with Nicky Dummett doing the other 1-day workshop on systemic CBT. Future topics might include mindfulness, systemic approaches, attachment and schema
 - c. **Accreditation.** There were no updates on accreditation
 - d. **The survey** has been distributed through Child Psychology Faculty, ACAMH and will go out in next BABCP newsletter. It is also on ACAMH and BABCP websites and has been distributed through nursing leads and potentially the Royal College of Psychiatrists. Please fill it in and return asap. Many thanks again to Paul for this piece of work
 - e. **Training.** The document prepared by Paul on supervision was discussed. There was consensus that this was a good document and very helpful. There was some discussion about whether people straight off courses would be the best people to target. There were thought to be discrepancies between courses about how much general experience and commitment to CBT there was

amongst students completing courses. As we wish to offer the supervision training free we can probably not offer to all who want it. It was thought that maybe it should be offered to those expressing interest and commitment on their survey.

f. **Website.** It was agreed that minutes can go on the web-site. TW agreed to put the research spreadsheet on the web-site for comments. There was discussion about a discussion group. The BABCP web-site manager prefers a JISC mail set up, however, it was thought that not everyone would have access to a ac.uk e-mail. TW therefore agreed to set up a Yahoo discussion group with closed membership. It was agreed that the newsletter should also go on the web-site. CW to forward this to John Kentish.

4. A.O.B.

The recent CAMH research priorities document was discussed. It was thought that this should be commented on by the BABCP branch membership. CW agreed to collate any responses. E-mail charlie@cwilson74.freemove.co.uk

5. Date of Next Meeting:

21st July 2005 meeting during conference (during evening at Dover Castle)

Next meeting: 7th November, Leeds. Nicky Dummett to organise venue.
Paul Abeles to speak?