

BABCP Child and Special Interest Branch Meeting

The Michael Rutter Centre, The Maudsley Hospital , 6th February 2008

1. Present

**Charlie Wilson
Maria Barquin
Brenda Davis
Joanna Grave
Steve Spence
Andrew Lewis-Smith**

2. Apologies

**Nicky Dummett
Maria Callias
Tim Williams
Norma Armston
Janet Teshola
Anita Munroe
Sam Cartwright-Hatton**

3. Minutes of last meeting

No corrections

4. Secretaries update

None

5. Treasurers update

Anita Munroe has taken on this role and any new expenses claims should be sent to Anita

6. Branch Liaison

The corporate BABCP banners are being finished. Our branch needs an image but the ones sent by Matt Finnegan to Joanna are primarily of white children.

Agreed that Joanna will email Matt and ask for a broader range of images that will encompass younger/older children, families and parents.

5. Conference

Planning has been continuing. Maria, Charlie and Ingrid King (ACAMH) have been meeting to look at practical issues. Potential dates are 18th/19th sep or 25th/26th Sep 2009 with the venue being in London. The aim is for a range of high quality presenters, clinician focused rather than an academic/research focus

There are a number of areas: publicity, workshops, social programme, symposia and keynotes and scientific. Each of these needs a small team to organise them. The scientific group will include Sam, Cathy and possibly Paul Stallard.

Potential topics include:

Service development (of CBT in CAMHS)

Media issues – Matt Finnegan could be a link

Mindfulness – John Teasdale could be contacted

Schema focused work

IAPT

Supervision/Training

Disorder Specific workshops

Trans diagnostic issues

Interface between Government initiatives (eg IAPT, NICE) and day to day clinical work

Computerised CBT/Self-Help

Race and culture in CBT

Outcomes/Measures

Systemic aspects of CBT

CBT training for psychiatrists (Andrew will Contact Dr Sion Roberts Consultant Psychiatrist in CBT)

5. CPD

(i) The next branch meeting will be on the 2nd June at Birmingham children's hospital. It is hoped that there will be a focus on parenting issues.

(ii) At the Edinburgh BABCP main conference in July there will be a branch meeting after the final symposia on the Thursday evening (Alice Gregory to coordinate). It was also agreed that we should have a social on the Thursday evening.

(iii) Branch meeting Monday November 10th in Leeds. Venue TBC. Topic early psychosis and Maria is arranging speakers.

6. Accreditation

No news. Nicky Dummet is on the accreditation committee and the CAMHS link. Concerns raised that looking on the web site list of BABCP accredited therapist it is not specified which therapist have children and adolescents as their main work focus. This will need further consideration.

7. Training

Main focus linked to tele-conferences

- (i) Competencies tele-conference. Paul Stallard, Derek Bolton and Peter Fuggle have been approached by the DOH re specific competencies for children and adolescents. They include:**

- a. developmental issues
- b. family
- c. non-verbal issues involving thoughts, feelings and behaviours

Charlie will get in touch with Tony Roth to check his current involvement with the development of specific child and adolescent competencies

- (ii) **Training tele-conference. Derek Bolton asked by director of the South London and Maudsley Mental Health NHS Trust to look at the NICE guidelines and report on the competencies required to deliver a range of psychotherapies. This was also linked to Agenda for Change banding and the KSF – what is expected from a clinician on a particular banding? Questions raised included how the effectiveness of training courses and supervision are measured?**

Brenda agreed to email Derek Bolton's report to the branch if he gives his permission.

Joanna introduced a West Midland framework – how to map child specific training?

Next tele-conferences

Training 29th April 11.00-12.00

Competencies 14th April 11.00-12.00

8. Supervision

Possibility of Child and adolescent specific supervision training through our branch. The committee agreed that we wished to support such an initiative but how to do so? Who would be eligible for this training? Possible eligibility criteria could include:

- a) being accreditable
- b) have a mandate from their service to supervise
- c) Being keen!
- d) Clinicians who would then be prepared to develop a supervisory network

Charlie will contact Mark Freeston, Derek Milne and the OCTC to discuss possibility of some input being mindful of time and financial constraints. Suggestions for the format could be a 2 day CAMHS specific training with the aim of subsequently starting a cascade model of skills.

9. Website and Publicity

Mew web site not yet up and running. Maria will liaise with BABCP HQ re our branch presence.

10. IAPT

Nicky, Joanna, And Charlie involved with the DOH and will keep the branch posted.

11. AOB

None

12. date of next meeting Monday 2nd June Birmingham Children's Hospital. Exact location TBC.

Andrew Lewis-Smith

**CAFSIB Branch Secretary
11th March 2008**