



*I work as a Child Clinical Psychologist in a CAMHS team for South Essex Partnership NHS Foundation Trust (SEPT) and as an Adolescent CBT Specialist in the Adolescent Inpatient Unit at The Priory Hospital in Chelmsford. Before that, I was actively involved in setting up the Early Intervention Service (EIS) for Psychosis in both Leeds and Hertfordshire.*

*I moved to UK about eight years ago from Spain where I trained as a Clinical Psychologist at the University of Salamanca, and completed a Postgraduate Diploma in CBT for Eating Disorders (Salamanca, 1999). Initially I lived in Manchester where I completed a MRes in Mental Health, as part of that I wrote a dissertation entitled: 'The subjective experiences of users of mental health service users interviewing young people about their pathway into mental health care as a result of early psychosis'; this involved carrying on a qualitative research based on five service users employed to interview young people developing psychosis. This project was presented in the format of a poster in the INVOLVE 4th National Conference 'People at the Heart of Research' in 2004.*

*Other projects include helping in writing and delivering a basic CBT training program (recognised by the BABCP) for mental health professionals, medical missionaries and social workers from Tanzania.*

*I completed a Postgraduate Diploma in CBT at London Metropolitan University, 2006. More recently, I have collaborated in the teaching of CBT in Children and Adolescents in the Doctorate in Counselling Psychology; and the MSc in CBT at London Metropolitan University.*