

SCOTLAND BRANCH

Understanding Suicidal Behaviour: The Integrated Motivational-Volitional Model of Suicidal Behaviour

Presented by Professor Rory O'Connor

Friday 22nd February 2019

Times: 9.30am to 4.00pm (Registration from 9.00am)

Venue: Stirling Court Hotel, University of Sterling

About the workshop

Suicide and attempted suicide are major public health concerns with complex aetiologies which encompass a multifaceted array of risk and protective factors. There is growing recognition that we need to move beyond psychiatric categories to further our understanding of the pathways to both. As an individual makes a decision to take their own life, an appreciation of the psychology of the suicidal mind is central to suicide prevention.

Another key challenge is that our understanding of the factors that determine behavioural enactment (i.e., which individuals with suicidal thoughts will act on these thoughts) is limited. Although a comprehensive understanding of these determinants of suicidality requires an appreciation of biological, psychological and social perspectives, the focus in this training is primarily on the psychosocial determinants of self-harm and suicide. To this end, The Integrated Motivational–Volitional (IMV) Model of Suicidal Behaviour (O'Connor & Kirtley, 2018; O'Connor, 2011) will be described; it provides a framework in which to understand suicide and self-harm. This tripartite model maps the relationship between background factors and trigger events, and the development of suicidal ideation/intent through to suicidal behaviour.

The training will include the following:

- The epidemiological context. Suicide rates.
- The myths around suicide and self-harm
- The determinants of suicide and self-harm
- The IMV model of suicidal behaviour
- Asking about suicide and self-harm
- Evidence for the interventions that work
- The implications for the prevention of self-harm and suicide will also be discussed.

About the presenter

Rory O'Connor PhD CPsychol AFBPsS FAcSS is Professor of Health Psychology at the University of Glasgow in Scotland, Past President of the International Academy of Suicide Research and a current Vice President of the International Association for Suicide Prevention. Rory leads the Suicidal Behaviour Research Laboratory (Web: www.suicideresearch.info; Twitter: @suicideresearch) at Glasgow, one of the leading suicide/self-harm research groups in the UK and also leads the Mental Health & Wellbeing Research Group.

He has published extensively in the field of suicide and self-harm, specifically concerning the psychological processes which precipitate suicidal behaviour and self-harm. In addition, he is author of *Understanding Suicidal Behaviour* (with Noel Sheehy), co-editor of *The Routledge Major Works Series on Suicide* (with Keith Hawton) and

of the *International Handbook of Suicide Prevention* (2nd edition with Jane Pirkis). He serves on the Scientific Review Board of the [American Foundation for Suicide Prevention and is Co-Editor-in-Chief of *Archives of Suicide Research and Associate Editor of *Suicide and Life-Threatening Behavior, and Behavior Therapy.**](#) Rory acts as an advisor to a range of national and international organisations including national governments on the areas of suicide and self-harm. He is also Co-Chair of the Academic Advisory Group to the Scottish Government's National Suicide Prevention Leadership Group.

Registration and General Information

BABCP Member fee: £85

Non-Member fee: £100

Lunch and refreshments will be provided. A CPD certificate for 6.5 hours will be issued.

Closing date for registrations is Friday 15th February 2019

Venue Information

Please see website - <https://www.stirlingcourthotel.co.uk/location/getting-here/>