

SOUTH EAST BRANCH

CBT for OCD - An Evening Workshop

Presented by Jolyon Poole

Thursday 21st March 2019

Times: 6.30pm to 9.00pm (Registration from 6.00pm)

Venue: St Julians Club, Rumshott Estate Ltd., St Julians, Sevenoaks, Kent, TN15 ORX

About the workshop

Obsessive Compulsive Disorder can have a devastating impact on people's lives. Unlike many other anxiety disorders, OCD can manifest itself in different ways. This workshop will provide a theoretical underpinning of OCD and a practical guide to working OCD in its many guises. The workshop is designed to help delegates build skills and confidence in developing collaborative CBT formulations with their clients and use these to guide therapy creatively and effectively.

About the presenter

Jolyon Poole is a Senior Psychological Therapist with South London and Maudsley NHS Foundation Trust. He works at the Anxiety Disorders Residential Unit, a specialist service for treatment-refractory OCD, BDD and other anxiety disorders.

Event Information

Price includes tea, coffee, soft drinks and a cheese board with grapes, celery and biscuits.

A CPD certificate will be provided for 2 hours CPD.

Registration closes – Midday **Friday 1st March 2019**

Please see the website for venue information - <http://www.stjulians.co.uk/>

Fees

BABCP Member - £25

Non-Member - £30