

## SOUTH EAST BRANCH

# **CBT for Health Anxiety - An Evening Workshop**

Presented by Triona McInerney

Thursday 23<sup>rd</sup> May 2019

**Times:** 6.30pm to 9.00pm (Registration from 6.00pm)

**Venue:** St Julians Club, Rumshott Estate Ltd., St Julians, Sevenoaks, Kent, TN15 0RX

### **About the workshop**

This training covers the aims of treatment in health anxiety, the key elements of treatment, the effectiveness of CBT for Health Anxiety, measures of clinical change and common stumbling blocks!

There will be an opportunity to actively practise some of the key strategies employed in treatment.

### **Event Information**

Price includes tea, coffee, soft drinks and a cheese board with grapes, celery and biscuits.

A CPD certificate will be provided for 2 hours CPD.

Registration closes – Midday **Friday 17<sup>th</sup> May 2019**

Please see the website for venue information - <http://www.stjulians.co.uk/>

### **Fees**

BABCP Member - £25

Non-Member - £30