

WEST YORKSHIRE BRANCH

CBT in Pregnancy and with Parents and Carers of Infants: Holding the baby in mind

Presented by Claire Wild

Friday 14 June 2019

Times: 9.30am to 1.00pm (Registration from 9.00am)

Venue: Bridge Community Church, Rider Street, Leeds, LS9 7BQ

About the event:

This half day workshop aims to increase confidence around the identification of attachment difficulties between infants and their caregiver's by providing information and space to;

- Identify factors which may negatively impact the caregiver infant relationship and the potential consequences for infants if these are not addressed or mitigated.
- Consider when to commence therapy and the possible impact of therapy on the infant.
- Practice assessment and formulation skills which consider the parent-infant relationship.

About the presenter:

Claire Wild is a senior infant mental health practitioner with six years of experience working within the Leeds Infant Mental Health Service. This is a specialist service which promotes emotional well-being in infants by supporting caregivers to build secure attachment relationships with their babies. Claire is an accredited Cognitive Behavioural Therapist with an MSc in cognitive behavioural therapy for advanced clinical practice. Her work combines Cognitive Behavioural Therapy and infant parent psychotherapy to support families in pregnancy and within the first two years of life.

Registration and General Information

BABCP Member fee: £35 Non-Member fee: £45

Refreshments are included. A CPD certificate for 3.5 hours will be issued (2 hours theory and 1.5 hours skills)

Closing date for registrations is midday Friday 7th June.

For any event or booking queries please contact BABCP head office on 0330 320 0851 or email workshops@babcp.com

For venue enquiries please see website - <http://www.bccleeds.org/visit>

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