

## **BABCP COUPLES SPECIAL INTEREST GROUP (SIG) Group Supervision and Networking for Couples Therapists Presented by the Couples SIG Committee**

**Date:** Monday 14<sup>th</sup> October 2019

**Times:** 9.30am to 1.00pm (Registration from 9.00am)

**Venue:** Room 3, Efficacy, 7a Eccleston Street, London, SW1W 9LX

**About the workshop:** This half-day day event is aimed at developing a national supervision network of Couples Therapists. There is a growing demand for high quality couples-based supervision, and this is our ongoing event aimed at linking CBCT therapists with each other for the purpose of discussing cases and exchanging ideas about service delivery.

**Aims:** The event will include the opportunity for group case discussion. Any couples-based intervention is welcome (Couples Therapy, Disorder-Specific Interventions, Partner-Assisted Interventions). We could also hold roundtable discussions on service-delivery issues, including IAPT, NHS and Private-Practice-Based topics. This will provide an excellent opportunity for couples therapists and potential supervisors to get to know one another in order to develop a couples-based supervisory network.

**Participants:** The event is for clinicians working with couples in any setting (IAPT, Primary/Secondary Care, charities, private practice, etc.). An interest in working with couples is more important than experience. All levels of skill and experience are welcome to attend.

### **Presenters:**

The members of the BABCP Couples Special Interest Group Committee come from a wide range of clinical experiences and settings. Having been trained using various CBT-based couples modalities, including Cognitive-Behavioural Couples Therapy and Integrative Behavioural Couples Therapy, the Committee members are an enthusiastic group of couples therapists and researchers who would like to strengthen the role that couples-based interventions play in both couples and individual therapy.

### **Registration and General Information**

BABCP Member fee: £40      Non-Member fee: £50

A CPD certificate for 3.5 hours will be issued.

**Closing date for registrations is Thursday 10<sup>th</sup> October 2019**

For any event or booking queries please contact BABCP head office on 0330 320 0851 or email [workshops@babcp.com](mailto:workshops@babcp.com)