

LONDON BRANCH

Treating Infidelity and Interpersonal Betrayal in Relationships

Presented by Dr Dan Kolubinski

Friday 13 September 2019

Times: 10.00am to 4.30pm (Registration from 9.30am)

Venue: The National Council for Voluntary Organisations (NCVO) Society Building,
8 All Saints Street, London, N1 9RL

About the workshop:

This event is aimed at the formulation and treatment of infidelity and interpersonal betrayal. This can include sexual infidelity, emotional affairs and other forms of betrayal within a relationship.

Aims:

The event will aim to provide participants with a thorough understanding of an evidenced-based model for working with interpersonal betrayal grounded in Cognitive Behavioural Couple Therapy. Participants will learn the three stages involved in this treatment model and how to effectively guide a couple through the healing process after the disclosure or discovery of a betrayal.

Participants:

The event is for clinicians working with couples in any setting (IAPT, Primary/Secondary Care, charities, private practice, etc.). An interest in working with couples is more important than experience. All levels of skill and experience are welcome to attend but some knowledge of cognitive behavioural couple therapy would be helpful.

Presenter:

Dr Dan Kolubinski earned his Master of Arts in Counselling Psychology, with a joint specialisation in CBT and child/family therapy, and a Ph.D. studying the metacognitions about self-critical rumination. He is a Lecturer in Psychology at London South Bank University and works as a CBT Therapist and Couples Counsellor in private practice in London. He also runs intensive therapy retreats for couples in varying degrees of distress in the Suffolk and Essex countryside. Dan has worked with couples in various capacities for over 10 years.

Widely Recognised Accreditation | High Quality CPD | CBT Register UK

Registration and General Information

BABCP / AREBT Member fee: £90

Non-Member fee: £130

Lunch and refreshments will be provided.

A CPD certificate for 6 hours will be issued – 50/50 skills and theory

Closing date for registrations is Friday 6 September 2019

For any event or booking queries please contact BABCP head office on 0330 320 0851 or email workshops@babcp.com

For venue enquiries please see website – <https://www.ncvo.org.uk/contact-us>