

DIALECTICAL BEHAVIOUR THERAPY SPECIAL INTEREST GROUP (DBT SIG)

Treating people with eating disorders in full or partial DBT

Presented by Dr Lorraine Bell

Friday 31st May 2019

Times: 9.30am to 4.00pm (Registration from 9.00am)

Venue: The Brookfield Hotel, Havant Road, Emsworth, PO10 7LF

About the workshop

This workshop is for anyone practising as a Dialectical Behaviour Therapy (DBT) therapist or Eating Disorder (ED) therapist.

We will cover:

- A brief overview of EDs, EUPD and DBT
- How to plan treatment for someone with EUPD and ED
- How to treat people with AN and BN within DBT
- Treatment prioritisation
- Targeting EDs in DBT
- Level of DBT required
- Role clarification and liaison between ED and AMH services
- How to manage patients with EUPD and EDs if you have no access to a DBT service

About the presenter

Dr Lorraine Bell is a Consultant Clinical Psychologist with Solent NHS Trust, Fellow of the British Psychological Society and leads the Psychological Therapies Service in secondary mental health for Portsmouth. She worked for many years in eating disorders and has a special interest in EUPD and leads the local DBT service.

Registration and General Information

BABCP Member fee: £70

Non-Member fee: £90

Student BABCP Member fee: £50*

Student Non-Member fee: £50*

*Evidence of student status to be provided with application

Lunch and refreshments will be provided. A CPD certificate for 6 hours will be issued.

Closing date for registrations is midday Friday 24th May 2019

Venue Information

Please see website - <https://brookfieldhotel.co.uk/>