

**Independent Practitioners SIG (IPSIG)
A Perfect Day of Networking, Consulting and Learning
Saturday 11 May 2019**

- 1) A colloquium facilitated by the BABCP IP SIG
- 2) A skills-based workshop on Psychopathological Perfectionism presented by Dr David Baker

Times: 11am – 5pm: Registration 10.30am

Venue: NCVO Office, Regents Wharf, 8, All Saints St, London N1 9RL

About the workshop

The day offers BABCP members a varied interactive and skills-based experience.

It will cover:

- The BABCP new strategic review and its recent Membership Consultation Policy. A member of the BABCP Head Office will be attending and part of the days' activities will be a colloquium in which you will be encouraged to suggest, debate, and advise the IPSIG what further support services you consider BABCP should provide in the future.
- A skills-based workshop on **Perfectionism** coordinated by Dr David Baker. David believes that independent practitioners are especially well placed to offer this important cohort of sufferers a multi-factorial intervention. Registrants will be emailed pre-workshop preparatory materials, your responses to which will feed into the group work on the day.

Following the workshop there will be a brief IPSIG AGM to which all are welcome.

About the presenter

Following a five-year Ph.D. research program, beginning in 2006, David has recently published a book both for sufferers of psychopathological perfectionism, and for the therapists who strive to understand and help them.

Book signing with a special price of £6 for registrants will be available. [Book only available from author].

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Registration and General Information

BABCP Member fee: £55

Please note that lunch will not be provided, however there will be refreshments.

An attendance certificate for 6 hours will be issued, with a further 2 hours CPD available for those attendees who undertake the recommended home study preparation for the perfectionism workshop.

Closing date for registrations is midday Friday 3 May

For any event queries please contact BABCP on 0330 320 0851 or workshops@babcp.com

For venue enquiries please see website - <https://www.ncvo.org.uk/about-us/venue-hire/find-us>